

## Qualification Information for the 1<sup>st</sup>4Sport Level 1 Award for Activators (Multi-Skills)

### Qualification Objective

This qualification is designed to provide benefit to learners on the basis that it prepares them for deployment as an activator in multi skills. Successful achievement of the qualification will enable activators in multi skills to facilitate extra-curricular activities within educational settings including schools, further and higher education and community participation programmes. The qualification is designed to support community development, with the aspiration to be able to tackle physical inactivity and social exclusion whilst supporting health, wellbeing and participation initiatives.

### Structure

To achieve the qualification within the endorsed pathway of multi skills learners must successfully achieve both components outlined below.

Activator Role

Activator through  
Multi-Skills

This qualification is designed to support recognition of prior learning (RPL). Learners who have achieved this qualification in the context of another endorsed pathway within the past 3 years are eligible to complete the 'Activator through Multi-skills'.

By the end of the qualification learners will be able to;

- Understand the roles and responsibilities of an activator
- Understand how to organise and facilitate a session
- Understand how to facilitate activities that underpin fundamental movement and sports skills
- Understand how to adapt multi-skills activities for different audiences

### Training and Assessment

Achievement of the qualification is normally through attendance on a six hour course with an approved tutor. Learners will be required to complete a learner portfolio which contains a series of written tasks and short answer questions.

### Pre-Requisites

Prior to registration, learners are required to be:

- Be at least 14 years of age
- To be able to communicate effectively in English (this includes speaking, reading, writing and listening)

### Target Audience

This qualification is ideal for those wishing to become an Activator in Multi-Skills. Such individuals may be:

- Those aged 14 years and above
- Individuals involved in volunteering in their community
- Parents of children

- Individuals involved in facilitating activities in holiday parks
- Individuals involved in facilitating in a variety of health schemes
- Individuals working with older people
- Individuals working in youth clubs or youth groups
- Individuals working in further and higher education
- Individuals involved in core city programmes

### Progression Routes

The qualification will enable successful learners to progress to a sports-specific coaching qualification. The skills and knowledge developed may also be used to enable learners to progress to other industry-relevant qualifications in coaching sport, activity leadership, higher education institution activity programmes, supporting PE in school sport and sports development.

### Routes for employment

This qualification may lead to paid employment or unpaid voluntary roles as an activator in physical activity. Other roles that the learner may consider exploring include Activity Leader, Official, and Volunteer.

### Further information

Please contact us [Education@sportstructures.com](mailto:Education@sportstructures.com) / 0845 241 7195.