

1st4Sport Level 2 Certificate in Coaching Korfball

What does this qualification cover?

This qualification is designed to provide learners with the skills and knowledge required to enable them to coach Korfball sessions to groups of adults and/or young people in an appropriate environment.

Who is this qualification designed for?

The qualification is designed for aspiring Korfball coaches who wish to develop their knowledge and understanding of how to effectively coach individual and game play skills as well as coaching linked and progressive sessions.

What could this qualification lead to?

This qualification leads to paid or voluntary roles in coaching the sport of Korfball to adults and young people children in local Korfball clubs, in schools and in colleges. The skills and knowledge developed through this qualification may also be used enable learners to progress to other industry-relevant qualifications in coaching other sports, activity leadership, supporting PE in school sport and sports development.

Learner Eligibility and Pre-Requisites

Prior to registration learners are required to:

- be at least 18 years of age
- have successfully completed one of the following courses:
 - BKA Level 1 Award
 - IKF Level 1 Award
 - England Korfball Teaching Children Korfball course
 - England Korfball Level 1 Award
- be able to communicate effectively in English

It is strongly recommended that learners have a minimum of 12 months experience in coaching.

Learners will need to have access to an environment where they can deliver a series Korfball coaching sessions during their time on the course in order to fully complete the assessment requirements of the qualification.

Assessment Requirements.

To achieve the qualification, learners are required to have assessed evidence of:

- An appropriate level of knowledge and understanding demonstrated via the learner portfolio
- An outline plan for a series of four coaching sessions in Korfball. The series of sessions will be required to demonstrate a progression appropriate to the needs of the participants
- Individual plans for each of the series of four coaching sessions in Korfball.
- The observation and internal assessment of the delivery of a minimum of two sessions by an appropriately qualified assessor.

Course structure

The qualification consists of one evening session, and four day sessions. There is a requirement for learners to deliver sessions away from the course in their own environment and therefore there is a gap between the third and fourth full day of the course. Example formats are identified below:

Day	Session type	Example date
Day 1	Evening session	Friday 13 th May
Day 2	Full day	Saturday 14 th May
Day 3	Full day	Saturday 21 st May
Day 4	Full day	Sunday 22 nd May
Minimum of a 6 week gap to deliver coaching sessions		
Day 5	Full day	Sunday 2 nd July

How does it compare to other sports?

Please see the below table which outlines the cost of other Level 2 qualifications from other sports:

Sport	Number of days	Cost	Qualification / Course	Pre-requisites
Level 2 Certificate in Coaching Football	10 days	£325	Qualification	A) 18 yrs old B) First aid C) Safeguarding D) Level 1
Level 2 Certificate in Coaching Netball	5 days	£360 to £395	Qualification	A) 18 yrs old B) First aid C) Safeguarding D) Level 1 / or active coach for a min of 2 yrs
Level 2 Certificate in Coaching Hockey	4 days + online learning	£399	Qualification	A) 18 yrs old B) Safeguarding C) Level 1 / or active coach for a minimum of 2 yrs
Level 2 Certificate in Coaching Cycling	3 days excl. assessment	£450	Qualification	A) 18 yrs old B) First aid C) Safeguarding D) Insurance E) Level 1 / or active coach for a min.2 yrs
ECB Certificate in Coaching Young People & Adults' Cricket	3 days min + 1 x 6 hour e-learning	£325	Qualification	A) 18 yrs old B) Current emergency aid certificate C) Current Safeguarding Young Cricketers certificate or equivalent D) DBS check through ECB
Level 2 Certificate in Coaching Handball	4 days	£325-£350	Qualification	A) Level 1 B) 18 years of age

Technical Syllabus

Please find below the draft technical content for the qualification:

Individual skills	Movement	Individual defending footwork
		Movement in attack
	Throwing and catching	One handed passing techniques
		Two handed passing techniques
		Catching in preparation for a shot
Cooperative skills	Footwork and catching the ball (1 vs 0)	
	Catching the ball on the move & throwing the ball to a moving player	
Shooting	Shooting from a static position	
	Shooting on the move	
	Shooting under pressure	
Defensive play and attacking responses	Marking the ball line –standing defensively, ball awareness and putting pressure on ball line	
	Getting free and throwing the ball to marked player	
	Front defence as a group	
Shooting on the move	Stepping back	
	Shooting in a game	
	Shooting under pressure	
Recycling the ball	Individual rebounding skills	
	Rebounding under pressure	
The assist	Assisting on the outside	
	Preventing the assist	
	Assisting on the inside	
Developing Game Play Skills	Winning the ball back	
	Inside shots: Running in	
	Beating a defender	
	Inside shots with the ball	
	Shooting opportunities from the rebound position	
Developing Game Play tactics	Organising the attack, schemes for taking on roles and 5-zone	
	Organising the defence; winning the ball back; preventing shots	