



Basketball England Level 1 Coach Award

Basketball England Level 1 Assistant Coach Award

What is it?

This is the basic level of coaching qualification, which gives outline knowledge of basketball, and enables the holder to introduce basketball and to assist a coach award holder (or above). The holder is not covered by the association's insurance for working unsupervised and must work under the supervision of a minimum of a level 2 coach award holder.

Who is it for?

Individuals who usually attend this course are parents of performers, sports centre staff, teachers, youth workers, players or ex-players, interested adults, students etc.

Who supports the award?

The award is accredited by Basketball England

What is the format of the course?

The course is usually delivered over 2 days.

Structure

This qualification is comprised of five mandatory units. All learners must complete these mandatory units in order to achieve the qualification



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Unit title
Role of the coach, child protection and safety
Planning a session
Conducting a session
Individual fundamentals
Team play fundamentals

Learner eligibility:

Prior to registration for the qualification learners are required to:

- be accurately identified
- be at least 16 years of age
- be able to communicate effectively in English (this includes listening, speaking, reading and writing)

There are no additional pre-requisites to certification other than successful completion of the required assessment.

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What will be assessed?

Learners for this award shall be assessed by the course tutor taking a minimum of one 10 minutes coaching session with a group of players (6-10). The course tutor is responsible for continual assessment of the students for the duration of the course and for making the final decision regarding gaining the award.

What content can I expect to be covered on the course?

- Passing (including getting free and catching the ball)
- Shooting
- Dribbling
- Individual offence
- Individual defence
- Playing the game and simple tactics
- Introducing the game to beginners
- Basic rules
- Organising practice sessions
- Communication skills
- Teaching players the skills of passing, set shooting, lay-ups, footwork, dribbling and basic one v one and team play.



Contact us

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